

THE KARNATAKA MOUNTAINEERING ASSOCIATION (R)

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HIGH ALTITUDE TREKKING EXPEDITION

Kalindi Khal

UTTARAKAND, INDIA

1st September to 19th September 2021



ABOUT THE TREK:

Kalindi Khal trek is a challenging one. Nestled in the lap of the majestic Himalayas, feel a rush of adrenaline as you reach the pass at almost 6000 metres. Garhwal, is a mesmeric spiritual haven dotted by gorgeous mountains, meadows, glaciers, streams, rivers and rivulets. The grandeur of nature is at its sublime best. The 99 km trek starts from Gangotri and terminates at Badrinath. You will walk through Gaumukh, the source of River Bhagirathi (Ganga), enchanting and mystical Tapovan (high altitude meadow with glamorous peaks all round), Nandanvan, Vasukital et al. All along scores of peaks will keep you company. Prominent among them being the Shivling, Bhagirathi, Meru, Kedardome, Nilkantha, Chandra Parvat, Kamet, Abhigamin etc. Moraines, glaciers, glacial lakes, rivulets and majestic peaks will enthral you. Tiredness and the difficulty of the terrain will be forgotten amidst the frightfully awesome landscape. A host of glaciers, Gangotri, Suralaya, Shwetha and Chathurangi and a couple of

high altitude lakes – Vasukital and Arwatal will be passed through. The trek is challenging and requires some serious preparation and acclimatization. Prior high altitude trekking experience will be an added advantage. Right from Uttarkashi to Badrinath, everything is adventurous about this trek – from the weather to the road journeys to the logistics. All said a roughening out is required. But, this will be rewarded with an experience of a lifetime.

The group strength is restricted to 15 and registration would be on first come first basis. So, why wait, enroll, participate and explore the beauty and the mystery of the Garhwal Himalayas.

PROGRAMMME DETAILS:

Period	1 st September to 19 th September 2021
Duration	19 days (effectively 18 days) (Bangalore to Bangalore), if journey to Delhi/Dehradun and back is performed by air. Add additional journey days, if journey to Delhi/Dehra Dun and back is performed by train.
Nature of Programme	Trekking & camping.
Group Strength	Minimum: 12; Maximum: 15
Age Group	18 to 50 years (exception for experienced trekkers)
Trek Distance/Altitude	99 Kms approx. – 1160 mts - 5947 mts (19,745 ft) approx.
Grade	Moderate / Tough / Challenging
Cost	Rs.49,500/- per pax (Departure Gangotri to arrival Badrinath)* *In terms of food on trek days, tentage, complete camping facilities, technical gear, experienced lead and guides, camp helpers, porters, administrative expenses etc. * Transport, boarding and lodging from Dehra Dun to Gangotri (via Uttarkashi) and Badrinath to Dehra Dun (via Srinagar) on 'cost sharing' basis. Bangalore to Dehra Dun and back to be arranged by self.
Registration	31.03.2021 by payment of Rs.25000/- fee and the balance (Rs.24,500/-) on or before 30.06.2021 positively.
Mode of Payment	Cheque or DD drawn in favour of The Karnataka Mountaineering Association. Online transfer preferred.
Cancellation Charges	(i) 45+ days' notice : 90% refund (ii) 30-44 days' notice: 80% refund (iii) 15-29 days' notice: 50% refund (iv) 1-14 days' notice : Nil refund.
Briefing	All details pertinent to the expedition like items to carry, bus timings, reporting point, contact numbers etc., will be given on the day of briefing which will be held at least 10 days prior to the date of departure.

Please note that registration will close once the target number is reached irrespective of the last dates mentioned. So, do not delay.

IMPORTANT NOTE

The Association reserves the right to cancel the programme any time before commencement due to logistical issues caused due to natural calamities, government guidelines or any exigency beyond our control. In such a circumstance the refund will be in accordance with the decision of the Executive Committee of the Association. If any such eventuality arises after commencement of trek, the best possible alternative will be given. The Association shall not be held responsible if such an eventuality results in additional cost or change in itinerary.

Mountains are places of great purity where man becomes more than a man

ITINERARY:

DAY	DATE	ACTIVITY
01	01.09.21	Departure Bengaluru (PM) and onward to Dehradun via Delhi
02	02.09.21	Reach Dehradun and onward to Uttarkashi (1160 Mts)
03	03.09.21	Drive – Uttarkashi to Gangothri (3048 Mts) – 95 Kms 4 hrs.
04	04.09.21	Trek – Gangothri to Bhojwasa (3600 Mts) – 14 kms.
05	05.09.21	Trek – Bhojwasa to Tapovan (4463 Mts) – 7 kms 4 hrs
06	06.09.21	Trek – Tapovan to Nandanvan (4350 Mts) – 8 kms 4 ½ hrs
07	07.09.21	Trek – Nandanvan to Vasukital (4880 Mts) – 8 kms 5 hrs
08	08.09.21	Rest day
09	09.09.21	Trek – Vasukital to Khara Pathar (5480 Mts) – 7 kms 4 ½ hrs
10	10.09.21	Trek – Khara Pathar to Swetha Glacier (5500 Mts) – 8 kms 5 hrs
11	11.09.21	Trek – Swetha Glacier to base of Khalindi Khal (5940 Mts) – 8 kms 4 ½ hrs
12	12.09.21	Trek – Base of Khalindi Khal to Raja Parav via Kalindi Khal (4910 / 5947 Mts)
13	13.09.21	Trek – Raja Parav to Arwa Tal (3980 Mts) – 13 kms 4 ½ hrs
14	14.09.21	Trek – Arwa Tal to Ghastoli (3600 Mts)- 15 kms 6 hrs
15	15.09.21	Trek - Ghastoli to Mana and drive to Badrinath (3100 Mts) – 14 kms trek & 3 kms drive
16	16.09.21	Drive – Badrinath to Srinagar
17	17.09.21	Drive Srinagar to Haridwar / Dehradun
18	18.09.21	At Haridwar / Dehradun
19	19.09.21	Dehradun to Bengaluru

OTHER INFORMATION:

- Average trek per day would be around 10 kms.
- Maximum height gained during the trek is 5947 meters (19,745 ft) approx.
- Tented accommodation (separately for ladies and gents)
- Simple but wholesome vegetarian food
- All road transport and Accommodation as available (real time) but convenient and comfortable on cost share basis.
- A centralised medical kit will be carried. Personal medicine to be carried by the participant.
- Route carefully planned taking into account the weather and terrain of the Garhwal Himalayas
- Should be prepared for any rescheduling of itinerary due to weather conditions.

Prospective participants to NOTE:

- ❖ This is a trek commencing from Gangothri and terminating at Badrinath. Hence no 'left luggage' arrangement.
- ❖ Sleeping bag will be issued in Bangalore itself.
- ❖ Individual sack should not weigh more than 7.5 kg including the sleeping bag /helmet/gaiters.
- ❖ To carry only minimum required items without compromising on cold and rain wear.
- ❖ Submission of 3 PP size photographs along with registration form is mandatory as a series of permissions have to be obtained. A copy of the photo ID proposed to be carried on the trek also to be submitted (Aadhar card).
- ❖ Must be game to shoulder responsibility as allotted by the leader.
- ❖ The trek is graded as difficult / challenging. Hence good physical and mental preparedness is essential
- ❖ Submission of medical and indemnity certificate mandatory
- ❖ Participants need to take medical insurance separately
- ❖ Participants should be members of the association
- ❖ Should be physically fit and mentally strong with a love for outdoors and take on the rigours of Himalayan terrain
- ❖ Covid protocol of host state as existent during the trek period to be followed.

REGISTRATION:

FOR MORE INFORMATION & REGISTRATION, CONTACT THE PROGRAMME CO-ORDINATOR: **S.Sudhakar** on **94486 77683**