

THE KARNATAKA MOUNTAINEERING ASSOCIATION (R)

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HIGH ALTITUDE TREKKING EXPEDITION

TREK / CLIMB TO PHA KONDA PEAK (4150 Mts)

HIMACHAL PRADESH, INDIA

3 Batches in May 2021



View of Shuru Base Camp



Camp enroute

ABOUT THE TREK:

Buoyed by the success of the summer trekking trails in Himachal Pradesh like Hampta Pass, Mantalai Lake, Rourikhori frozen lake, Sourtal, Deo Tibba, Shirgun Thungu etc, over the past decade wherein hundreds of youngsters were initiated to the thrill of outdoors; the association has once again planned to launch trekking trails to Peak Pha Konda in Himachal Pradesh during May 2021. Again, going by the encouraging participation, this time round we are launching 3 batches. Considering the tremendous response the previous treks generated, we are sure that this one too would be a great success. This is a quite a challenging and scenic, summer high-altitude Mountaineering Expedition. It is also one of the most sought after trekking destinations due to its scenic surroundings. The trek winds through lush green valleys, log bridges, cute mountain settlements, alpine meadows, dazzling landscape, enchanting mountain streams, forested hillsides, grassy knolls and snow capped peaks. Leaving Manali, the trek winds through evergreen cool forests of cedar, silver fir, walnut, oak and pine forests. On the final day we maneuver our way through moraines and big boulders as we ascend the Pha Konda peak. A trek that will test your endurance yet reward you with magnificent views from atop the summit. Once atop the Pha Konda (4250m), a spectacular panorama of peaks appears against stark Beas Kund valley. The mesmerizing view from the Pha- Konda peak is a photographer's delight. The entire Kullu valley can be viewed on this trail. The trek is immensely rewarding as it encompasses the mountainous vistas of the divinely beautiful Kullu and Manali valleys. The trek and the final climb to Pk.Pha Konda (4250 Mts.) starts from Shuru village and winds through the Pirpanjal area through spectacular terrain. Keeping you company will be snow capped peaks of the Pir-Panjal range. The route has been carefully chosen, keeping in mind the first timer as well as the experienced – without compromising on the challenge and scope the route offers to indulge in basic outdoor adventure activities during leisure time, like rappelling, Jumaring, glissading etc.

The maximum group strength is restricted to 30 and registration would be on first come first basis. So, why wait, enroll, participate and explore the beauty and the mystery of the Himalayas – while taking a break from the hustle and bustle of city life.

PROGRAMME DETAILS:

Period	1 st Batch – 3 rd to 12 th May 2021 - Purnima Kesanur : 9845132367 2 nd Batch – 8 th to 17 th May 2021 - S.Sudhakar : 9448677683 3 rd Batch – 11 th to 20 th May 2021 - Madhu Kiran : 9900262432
Duration	10 days (Bangalore to Bangalore). If journey to Delhi and back is performed by air. Add 4 more days (2 for onward and 2 for return), if journey to Delhi and back is performed by train.
Nature of Programme	Trekking, camping, allied adventure activities, fun filled evenings with camp fire.
Group Strength	Minimum: 25; Maximum: 30
Age Group	15 to 45 years (exception for experienced trekkers)
Trek Distance/Highest point	65 Kms approx. – 4150m (13,612 ft) approx..
Grade	Easy / Moderate
Cost	Rs.14,500/- (Delhi to Delhi) * In terms of transportation (Ex. Delhi), food, accommodation, administrative expenses, tent age; complete camping facilities, technical gear, experienced instructors, guides, camp helpers, etc. * Up to Delhi and back, the participants will have to make own transport arrangements as per their convenience.
Registration	28.02.2021 by full payment of fee. Once registered, no switching between the batches allowed. Hence take your time, decide for sure and then register.
Mode of Payment	Online transfer/Cheque or DD drawn in favour of The Karnataka Mountaineering Association
Cancellation Charges	> 30 days before date of departure : - Rs. 3,500/- 20-30 days before date of departure : - Rs. 5,000/- 10-19 days before date of departure : - Rs. 7,500/- 05-09 days before date of departure : - Rs.10,000/- < 05 days before date of departure : - Rs.14,500/-
Briefing	All details pertinent to the expedition like items to carry, bus timings, reporting point, contact numbers etc., will be given on the day of briefing which will be held at least 10 days prior to the date of departure.

It is to inform that the batches get filled up within a month or so from the date it is publicized. Please note that registration will close once the target number is reached irrespective of the last dates mentioned. So, do not delay.

OTHER INFORMATION:

- Average trek per day would be around 10 kms. Max height gain is 4250 meters (13,950 ft) approx.
- Tented accommodation (separately for ladies and gents). Excellent wholesome vegetarian food
- Excellent & enjoyable route for first timers
- Two experienced and qualified instructors from the Association will accompany the team
- Route carefully chosen to provide for other related adventure activities like river crossing, rappelling, etc. (conditions permitting)
- Talks on tent pitching, expedition planning, mountain hazards, usage of ice axe etc. in the evenings. Campfire during dinner time.
- A centralised medical kit will be carried.

ITINERARY:

1st Batch – 3rd to 12th May 2021

Contact: Purnima Kesanur – 9845132367

DAY	DATE	PROGRAMME
01	03.05.2021	REPORT AT DELHI (Programme starts) AND ONWARD TO MANALI (Overnight Volvo bus journey) – 14 hours
02	04.05.2021	ARRIVE AT SHURU BASE CAMP - MANALI (Briefing, Issue of Equipment, etc.)
03	05.05.2021	TREK – ACCLIMATISATION TREK & BACK TO BASE CAMP – 4 Hrs.
04	06.05.2021	TREK – BASE CAMP TO TILGAN (2470 Mts.,) – 4 Hrs.
05	07.05.2021	TREK – TILGAN TO SARRA BOGHI (3100 Mts.,) – 5 Hrs.
06	08.05.2021	TREK – SARRA BOGHI TO TEKU-RI-TAPRI (3650 Mts.,) – 5 Hrs.
07	09.05.2021	TREK – TEKU-RI-TAPRI TO PHA KONDA TRIG HT (4150 Mts.,) AND BACK TO KOKU-KA-NALLAH (2950 Mts.,) – 7 Hrs.
08	10.05.2021	TREK – KOKU-KA-NALLAH TO SHURU BASE CAMP VIA CHALET VILLAGE – 5 Hrs.
09	11.05.2021	MORNING FREE & IN THE EVENING DEPART MANALI TO DELHI (Overnight Volvo bus journey) – 14 hours
10	12.05.2021	ARRIVE AT DELHI (Programme ends) AND ONWARD TO BANGALORE

2nd Batch – 8th to 17th May 2021

Contact: S.SUDHAKAR - 9448677683

DAY	DATE	PROGRAMME
01	08.05.2021	REPORT AT DELHI (Programme starts) AND ONWARD TO MANALI (Overnight Volvo bus journey) – 14 hours
02	09.05.2021	ARRIVE AT SHURU BASE CAMP - MANALI (Briefing, Issue of Equipment, etc.)
03	10.05.2021	TREK – ACCLIMATISATION TREK & BACK TO BASE CAMP – 4 Hrs.
04	11.05.2021	TREK – BASE CAMP TO TILGAN (2470 Mts.,) – 4 Hrs.
05	12.05.2021	TREK – TILGAN TO SARRA BOGHI (3100 Mts.,) – 5 Hrs.
06	13.05.2021	TREK – SARRA BOGHI TO TEKU-RI-TAPRI (3650 Mts.,) – 5 Hrs.
07	14.05.2021	TREK – TEKU-RI-TAPRI TO PHA KONDA TRIG HT (4150 Mts.,) AND BACK TO KOKU-KA-NALLAH (2950 Mts.,) – 7 Hrs.
08	15.05.2021	TREK – KOKU-KA-NALLAH TO SHURU BASE CAMP VIA CHALET VILLAGE – 5 Hrs.
09	16.05.2021	MORNING FREE & IN THE EVENING DEPART MANALI TO DELHI (Overnight Volvo bus journey) – 14 hours
10	17.05.2021	ARRIVE AT DELHI (Programme ends) AND ONWARD TO BANGALORE

DAY	DATE	PROGRAMME
01	11.05.2021	REPORT AT DELHI (Programme starts) AND ONWARD TO MANALI (Overnight Volvo bus journey) – 14 hours
02	12.05.2021	ARRIVE AT SHURU BASE CAMP - MANALI (Briefing, Issue of Equipment, etc.)
03	13.05.2021	TREK – ACCLIMATISATION TREK & BACK TO BASE CAMP – 4 Hrs.
04	14.05.2021	TREK – BASE CAMP TO TILGAN (2470 Mts.,) – 4 Hrs.
05	15.05.2021	TREK – TILGAN TO SARRA BOGHI (3100 Mts.) – 5 Hrs.
06	16.05.2021	TREK – SARRA BOGHI TO TEKURI-TAPRI (3650 Mts.) – 5 Hrs.
07	17.05.2021	TREK – TEKURI-TAPRI TO PHA KONDA TRIG HT(4150 Mts.,) AND BACK TO KOKU-KA-NALLAH (2950 Mts.) – 7 Hrs.
08	18.05.2021	TREK – KOKU-KA-NALLAH TO SHURU BASE CAMP VIA CHALET VILLAGE – 5 Hrs.
09	19.05.2021	MORNING FREE & IN THE EVENING DEPART MANALI TO DELHI (Overnight Volvo bus journey) – 14 hours
10	20.05.2021	ARRIVE AT DELHI (Programme ends) AND ONWARD TO BANGALORE

Outdoors demands leaving your comfort zone. Further, prospective participant should be physically and medically fit with a love for the outdoors and should not be suffering from any ailments related to lungs, heart, asthma, hypertension etc. that can be an impediment on the trek. Submission of A medical fitness certificate is mandatory.

FOR MORE INFORMATION & REGISTRATION PROCEDURE, PLEASE CONTACT THE CONCERNED PROGRAMME CO-ORDINATOR ONLY.



Shirgun Thungu as seen from Pha Konda



Pha Konda peak



Approach to Pk.Pha Konda